

The L300 Go Helps Scott Enjoy Life Again

His Story

In the summer of 2020, Scott began having trouble lifting his left foot. He had recently broken his wrist and so he was focused on recovering from that injury first. When he did finally seek help for his foot issue, he received a surprising diagnosis: primary progressive multiple sclerosis (PPMS).

The condition quickly affected not only Scott's mobility but also his overall quality of life and mental health. He was self-conscious about walking in public, afraid he would fall because of his foot drop and thigh weakness. The mental anxiety of leaving the house exhausted him, and he faced limitations to favorite activities like going to the gym and taking vacations.



Now, Scott can walk with no worries about tripping in public or on stairs.

His Solution

Searching for a Good Fit

To treat his foot drop, Scott began using an ankle-foot orthosis (AFO). However, it was uncomfortable, did not fit properly, and really wasn't very helpful. Then one day, he saw information online about the L300 Go Foot Drop System. Intrigued, he contacted a local rehabilitation clinic and made an appointment to try the device

After putting on the L300 Go, Scott noticed an immediate change: He could lift his foot to walk without his toes dragging the ground.

His Next Steps

Finding Strength to Move Forward

Having replaced the AFO with his own L300 Go, Scott now walks with no worries about tripping in public or on stairs. He also enjoys being able to wear any shoes he likes—or going barefoot.

For Scott, the L300 Go has been lifechanging. He wears the device daily and is back to enjoying good times with friends, traveling, and leaving the house to run errands and go to the office.



Indications for Use: The L300 Go System is intended to provide ankle dorsiflexion in adult and pediatric individuals with foot drop and/or to assist knee flexion or extension in adult individuals with muscle weakness related to upper motor neuron disease/injury (e.g., stroke, damage to pathways to the spinal cord). The L300 Go System electrically stimulates muscles in the affected leg to provide ankle dorsiflexion of the foot and/or knee flexion or extension; thus, it also may improve the individual's gait.

The L300 Go System may also facilitate muscle re-education, prevent/retard disuse atrophy, maintain or increase joint range of motion, and increase local blood flow.

The L300 Go System is contraindicated in patients with a demand-type cardiac pacemaker, defibrillator or any electrical implant. Do not use the system on a leg where metallic implant is directly underneath the electrodes, a cancerous lesion is present or suspected, or on a leg with regional disorder (e.g., fracture or dislocation) which could be adversely affected by motion from the stimulation. Use caution in patients with diagnosed or suspected cardiac problems or epilepsy.

Full prescribing information can be found in product labeling or at <https://bionessrehab.com/l300/safety-information/>.